



Allergy Advice and Dietary Information

1. We have listed the Allergens which **are contained** in our dishes. Please refer to the abbreviations listed below.
2. Please note we are usually able to adapt most dishes to suit your personal requirements
3. Gluten free bread is available

(V) Vegetarian

(D) Dairy – Milk, Eggs, Cream

(G) Gluten – Flour, Wheat, Biscuits, Bread,

(F) Fish – Salmon, Haddock

(C) Crustaceans – Prawns

(M) Molluscs – Squid, Octopus, Mussels, Cockles

(Md) Mustard – English, Dijon mustards

(Ce) Celery

(N) Nuts – including peanuts

(SS) Sesame Seeds

(SOx) Sulphur Dioxide (Salt)

Local Suppliers Used in Café Bowes

Acorn Dairy

Black Paw Brewery

Country Valley

Inshore Fisheries

McFarlane Family Butchers

The Moody Baker

Yorkshire Quality Foods

For further information please do not hesitate to speak with a member of our team

Sunday Menu

Breakfast served until 12.00

Breakfast Rolls (D) (G) (N) **£4.95**

Choose from Cumberland Sausage or McFarlane's Black Treacle Cured Bacon or Fried Free-Range Eggs

Add an extra item **75p**

Full English (D) (G) (N) (SOx) **£7.50**

McFarlane's Black Treacle Cured Bacon, Cumberland Sausage, Black Pudding, Tomato, Mushrooms, Fried Free-Range Egg & Baked Beans

Eggs Anyways (D) (G) (N) **£4.95**

Scrambled, Poached or Fried Eggs served on Toast

Lunch served 12.00 – 2.30

Traditional Roast (D) (G) (Ce) (N) **£9.95**

Choice of Meat, Yorkshire Pudding, Roast Potatoes & Mixed Seasonal Vegetables

2 Courses **£13.95**

Children's Sunday Roast (D) (G) (Ce) (N) **£6.95**

Mediterranean Goat's Cheese (V) (D) (G) (SOx) **£7.95**

Grilled Goat's Cheese, Roasted Mediterranean Vegetables, Date Flat Bread & Homemade Hummus

Yorkshire Rarebit (D) (G) (Md) (Ce) (N) **£7.95**

McFarlane's Black Treacle Cured Bacon, Slow Roast Tomato & Tomato Chutney

Café Bowes Chowder (D) (G) (F) (C) (M) (Ce) (N) (SOx) **£8.95**

Natural Smoked Haddock, Leeks, Potatoes, Prawns, Flat Leaf Parsley & Roll

Dessert - Refer to board for daily specials

Hot Drinks

Fairtrade Coffee

Cafetière for 1	£2.95
Cafetière for 2	£4.75
Americano	£2.20
Cappuccino	£2.75
Latte	£2.75
Espresso	£1.90
Double Espresso	£2.35

All available decaffeinated

Soya Milk available on request

Tea

Premium Tea	£2.10
Decaffeinated Tea	£2.40
Earl Grey	£2.40
Green Tea	£2.40
Peppermint Tea	£2.40
Cranberry & Raspberry Tea	£2.40

Cadbury's Hot Chocolate

Hot Chocolate	£2.50
With Cream	£2.75
With Marshmallows	£2.75
With Cream & Marshmallows	£2.95

Soft Drinks

Blue Keld Mineral Water	£2.50
Still or Sparkling	

Traditionally Brewed Fentimans	£2.75
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Victorian Lemonade
Rose Lemonade
Seville Mandarin & Orange
Ginger Beer
Dandelion & Burdock
Wild English Elderflower

Coke/Diet Coke	£2.50
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Fairtrade Orange Juice	£2.50
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Fairtrade Apple Juice	£2.50
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Orange or Blackcurrant Squash	£1.00
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Alternative Alcoholic Beverages

Bottled Beer (500ml)	£4.25
Lager (330ml)	£3.75
Cider (568ml)	£4.25

Daily Menu

Breakfast Menu served 10.00 until 12.00

Breakfast Rolls (D) (G) (N) **£4.95**

Choose from Cumberland Sausage or McFarlane's Black Treacle Cured Bacon or Fried Free-Range Eggs

Add an extra item **75p**

Full English (D) (G) (N) (SOX) **£7.50**

McFarlane's Black Treacle Cured Bacon, Cumberland Sausage, Black Pudding, Tomato, Mushrooms, Fried Free-Range Egg & Baked Beans

Eggs Anyways (D) (G) (N) **£4.95**

Scrambled, Poached or Fried Eggs served on Toast

Soup served until 4.00 (D) (G) (Ce) (N) **£4.95**

Homemade Soup of the Day with Bread

Sandwiches served until 4.00 **£5.95**

Served in Malted Bread with a Honey & Mustard Dressed Salad Garnish and Crisps

Home-Cooked Yorkshire Ham & Pease Pudding (D) (G) (Md) (Ce) (N)

Mature Cheddar Cheese Savoury (D) (G) (N)

Smoked Salmon with Cream Cheese (D) (G) (F) (N)

Ciabatta (White) **£6.50**

Served with a Honey & Mustard Dressed Salad Garnish and Crisps

Mozzarella, Rocket & Sun-blushed Tomato (V) (D) (G)

Ham, Applewood Smoked Cheddar & Red Onion Chutney (G) (D)

Add a portion of Fries (N) **£2.50**

Lunch Menu 12.00 – 2.30

Yorkshire Rarebit (D) (G) (Md) (Ce) (N) **£7.95**

McFarlane's Black Treacle Cured Bacon,

Slow Roast Tomato & Tomato Chutney

Café Bowes Chowder (D) (G) (F) (C) (M) (Ce) (N) (SOX) **£8.95**

Natural Smoked Haddock, Leeks, Potatoes, Prawns,

Flat Leaf Parsley & Roll

Mediterranean Goat's Cheese (V) (D) (G) (SOX) **£7.95**

Grilled Goat's Cheese, Roasted Mediterranean Vegetables,

Date Flat Bread & Homemade Hummus

Refer to board for daily specials

Children's Menu 12.00 – 2.30

Ham or Cheese Sandwich, (D) (G) (Ce) (N)

Crisps, Piece of Fruit & Glass of Squash **£4.50**

Tomato Linguine & Cheddar Cheese (G) (SOX) **£4.50**

Sausage, Chips & Beans (SOX) **£4.95**

Chicken Nuggets, Chips & Beans (D) (G) (SOX) **£4.95**

Fish Fingers, Chips & Peas **£4.95**

Café Bowes Afternoon

£24.95

Tea for Two Served 2.00 – 3.45 (D) (G) (F) (C) (M) (Md) (Ce) (N)

A Selection of Sandwiches, Dainty Desserts, Fruit Scone with Preserve & Thick Cream, served with Premium Tea or Fairtrade Coffee

Home Bakes & Lighter Options

Homemade Mature Cheddar Cheese Scone (D) (G) (Md) (N) **£2.50**

Homemade Fruit Scone with Preserve (D) (G) (N) **£2.50**

Cream Scone (D) (G) (N) **£2.75**

Toasted Teacake (D) (G) (N) **£2.30**

Toasted Crumpets (D) (G) (N) **£2.30**

Biscuits **from £1.50**

Cakes **from £2.95**

Dessert 12.00 – 4.00

Selection of Ice Cream and Sorbets **from £1.95**

Refer to board for daily specials

Thank you for visiting Café Bowes.

Don't forget you can follow sign up to our free monthly e-newsletter for updates and special offers.

Wine List

White Wine **175ml Bottle**
Touraine Sauvignon, 2013 **£4.75 £19.95**

Loire Valley, France

Fresh, classic green fruit style, notes of citrus & grapefruit.

Chardonnay, 2013 **£4.75 £19.95**

Domaine de Montmarin, Languedoc, France

No oak, just clean fresh apple characters & a hint of honeysuckle.

Picpoul de Pinet, 2014 **£4.75 £19.95**

Domaine de Sol, Languedoc, France

Slightly floral with green fruit & underlying citrus & lime.

Rosé Wine **175ml Bottle**

Pinot Grigio, Sentito, 2014 **£4.75 £19.95**

Italy

Refreshingly soft, fruity rosé, great with food.

Red Wine **175ml Bottle**

Cabernet Sauvignon, 2012 **£4.75 £19.95**

Chile

Cherry & raspberry with a hint of pepper.

Chateau La Roca, 2012 **£4.75 £19.95**

Cotes du Roussillon, France

Luscious blend of Syrah & Grenache, mature red autumn fruits, subtle spice, with smooth long lingering finish.

Merlot, 2013 **£4.75 £19.95**

Domaine de Montmarin, Languedoc/Roussillon, France

Delightfully soft, mellow plummy fruits. Simple well balanced.

125ml is available for all the above **£3.25**

Sparkling Wine **Bottle**

Prosecco **£24.95**

Delfina, Italy, NV

Aromatic apples & a soft delicate mousse.

Champagne
Jacques Boncoeur Brut NV **£29.95**

Dry in style with classic apple and citrus fruit flavours. Clean & refreshing with persistent bubbles.